

THYROID SCREENING GUIDELINES

Washington State Clinical Laboratory Advisory Council to the
Washington State Department of Health

FOR EDUCATIONAL PURPOSES ONLY

The individual clinician is in the best position to determine which tests are most appropriate for a particular patient.

NOTE: If the following disease state(s) exist, it is recommended that the disease itself be treated and the patient returned to a stable ambulatory state before initiating screening:

Neuropsychiatric disorder
Pituitary Disease (Ablation, Surgery, Tumor)
Terminally Ill patients
High Dose Steroids & Dopamine

References:

1. Klee GG, Hay ID. BioChemical Thyroid Function Testing. Mayo Clinic Interpretive Handbook 2001.
2. Feldkamp, C.S. Thyroid Testing Algorithms. Clinical Laboratory News, 10/97.
3. Klee GG, Hay ID. BioChemical Testing of Thyroid Function. Endocrinol Metab Clin North AM 26;763-775, 1997.

Originally published: March 1996
Reviewed: October 2000 (no changes)
Revised references: January 2003

